|  |  |  |  |
| --- | --- | --- | --- |
| **SUBJECT OVERVIEW** | | | |
| **Year Groups** | **Autumn Term- Social and emotional me**  **Moral Character virtues**  Respect  Tolerance  Compassion  Empathy  Honesty | **Spring Term- safe and healthy me**  **Intellectual Character virtues**  Reflection  Creativity  Curiosity  Self-awareness | **Summer Term – Engaging and ambitious me**  **Civic Character virtues**  **Community**  **Awareness**  **Citizenship** |
| **Performance Character Virtues**  Communication Perseverance and Determination Resilience Confidence Teamwork Leadership Ambition | | |
| **EYFS**  **Yr/1** | **Marvellous Me/Sparkle and Shine**  **Family and Friend My social wellbeing**  **1**.I can initiate play and play well with other children  **Appreciating Individuality**  **my mental wellbeing and self worth**  **3**.I can tell you about my interests, family and experiences and how I am different to others **Feelings and Emotions**  **6**.I can tell you how I am feeling | **Magic Storyland/Amazing Animals**  **Making Healthy Choices My physical wellbeing and safety**  **10**. I can tell you some things that help keep me safe and healthy  **9**. I can manage some of my basic needs  **Making Safe Choices MW**  **7**. I can understand how my behaviour can affect others  **2**. I can be confident in a range of situations and willing to try new thing  **8**. I can follow instructions well. | **Watch and Grow/Off We Go**  **Community and Environment My social wellbeing**  **4.** I can begin to control my behaviour in different situations  **11**.I can maintain attention on a conversation or activity  **Future aspirations my mental wellbeing and self worth**  **5**. I can tell you about what I am good at and what I need to improve.  **12**. I can continue with a task, even when it is tricky |
| **I am Understanding KS1** | **Family and Friend MW**  **9**.I can say who cares about me and what they do to show me.  **T**rusted people  **10**. I can say what is kind and unkind behaviour.  **SW**  **11**.I can play and work well with others  What I bullying  What is a good friend  **Appreciating Individuality MW**  **12.** I can talk about things that matter to me.  I can tell you what makes me unique  **Feelings and Emotions**  1.I can recognise and name different feelings.  2. I can talk about how different feelings effect my body  3. I can recognise how others might be feeling.  4. I can use different strategies to help me when I don’t feel right | **Making Healthy Choices my Physical wellbeing and safety MW**  **5.** I can identify some things I can do to keep myself healthy  Balanced diet  Bacteria and viruses  Teeth and washing hygiene  Sleep and rest  Sun protection  Immunisations and medicines  **I can identify some ways to keep me active PW MW**  **Making Safe Choices**  **6.** I can understand rules are needed to keep us safe  **7. I can identify some things I can do to keep myself safe**  Permission- who gives it  Online safety  Household safety  Safety out and about- parks,beach, lakes  Accidents  Stranger danger  Road safety  Emergency call, hoax calls  secrets | **Community and Environment My social wellbeing**  **8. I can accept other people and appreciate different views**  I can say some people who are in my community.  Jobs in the community  I can talk about why caring for the environment should matter to me.  Pollution  recycling  **Future aspirations MW**  I can set goals to challenge myself  I can think about my future.  I can tell you what money is for.  I can tell you how I can spend money and save money  I can tell you about wants and need  **SRE MW PW**  **Year 1- Summer term**  **I can identify the main parts of my body including** genitalia.  Not keeping secrets  Private  Pants rule  Y1-/2use c.winters scheme and follw SRE progression document |
| **I am Aware LKS2** | **Family and Friend my mental wellbeing and self worth SW**  11. I can tell you about my family and how it may be different to others  4.I can work out disagreements with friends. I can make and maintain positive friendships  Different relationships  positive friendships  unhealthy relationships  **Appreciating Individuality MW**  I can appreciate myself as an individual  And set goals  **3**. I can understand that people have different opinions. **SW**  Democracy  Diversity  equality  **Feelings and Emotions MW SW**  **2**. I can be considerate of other people's feelings.  **9**. I can approach new tasks with confidence  **10.**. I can manage my own frustrations.  I can manage feelings of sadness, anger and frustration  . | **Making Healthy Choices My physical wellbeing and safety MW**  7. I know how to keep myself healthy.  I know that some substances are dangerous and affect the body  **Making Safe Choices MW PW SW**  5. I can understand the need for rules  8. I can understand the difference between right and wrong  6. I know how to keep myself safe  1.I can take responsibility for my actions.  Rule of law and responsibilities  Risk and hazards in and outside the home  How to act in an emergency, who to call  First aid  Peer pressure  Online safety with personal details  Negative and positives of the internet  Online bullying  Media influence | **Community and Environment My social wellbeing**  12. I can ask questions about how and why things happen  3. I can understand that people have different opinions.  I can value diversity within our community  Multicultural society  Stereotypes about gender  I can value and protect the environment  Deforestation  Water polution  **Future aspirations MW**  I can appreciate myself as an individual  And set goals  Short and longterm  I know where money comes from and choices about spending.  **SRE MW PW SW**  6. I know how to keep myself safe  Year3-use c.winters scheme and follw SRE progression document.  Year 4- use c.winters scheme and follw SRE progression document  Year 4/5  use c.winters scheme and follw SRE progression document  consent  safe touch  personal hygieve |
| **I am accepting UKS2** | **Family and Friend My mental wellbeing and understanding that of others**  **2**. I can select my friends based on share interests.  **1**.I can show I am trustworthy and tell the truth when it matters  **Appreciating Individuality MW**  **3**.I can appreciate myself as an individual.  4.How I can appreciate the values and points of view of others.  **Feelings and Emotions MW SW**  **5**.I can understand and be considerate of the feelings of others.  **8**.I can describe how I feel and why I feel that way.  **6**.I can stand up for what I believe in, in a non-threatening way. | **Making Healthy Choices My physical wellbeing and safety and understanding that of others MW**  I understand healthy choices are important for physical and mental wellbeing  Diet, nutrition, exercise and sleep- lifestyle choices and affects  Drugs, alcohol and harmful substances  body image and its affects on mental health  **Making Safe Choices MW PW SW**  **9**.I can understand the need for rules and boundaries and what is fair  Rule of law  Human rights  **10**.I understand how to keep myself safe in a variety of situations  **7**.I can reflect on my experiences to help me be better  Safe at home  Cyber bullying  Online relationships  Fake news | **Community and Environment My social wellbeing and understanding that of others**  **11**.I understand my place in my community  I can value diversity within our community  I can value and protect the environment  Cycle A- food miles/water  Cycle B- sustainability  Single use plastics  **Future aspirations MW**  **12**.I have aspirations for the future and understand what I might need to do to achieve them  Breaking barriers, gender stereotypes  World of work- what jobs are right for you  **SRE MW PW SW**  Year 5-I know about the changes that take place as I grow up use c.winters scheme and follow SRE progression document  Year 6- I know about staying safe and healthy use c.winters scheme and follow SRE progression document |